POSTDOCTORAL SCHOLAR RESOURCES

Postdoctoral Scholars are entitled to many benefits as a part of the UCLA community. For additional resources, please visit: https://grad.ucla.edu/postdocs

**STAFF RESOURCES**

*BruinCard Services/University ID*
https://secure.bruincard.ucla.edu

*Employee Services/Discounts*
https://campusservices.ucla.edu/discounts

*Faculty Center Membership*
https://facultycenter.ucla.edu

*International Scholars: Dashew Center*
http://internationalcenter.ucla.edu

*Transportation*
https://main.transportation.ucla.edu/getting-to-ucla/commute-options

**PROFESSIONAL DEVELOPMENT**

*Professional Development*
https://grad.ucla.edu/careerhub

*Career Counseling by Appointment: Julia Sanchez*
Contact: juliasanchez@chr.ucla.edu

**WELLNESS**

*Mindful Awareness Research Center (MARC)*
http://marc.ucla.edu/free-drop-in-meditation

*UCLA Recreation: FitZones, Fit Breaks, Bruin Health Improvement Program and Mindfit*
http://recreation.ucla.edu/fitwell

*UCLA Healthy Campus Initiative*
http://healthy.ucla.edu
POSTDOCTORAL SCHOLAR RESOURCES

HOUSING
UCLA Housing
https://grad.ucla.edu/postdocs/housing-options

Graduate Student and Postdoctoral Scholar Case Manager: Armando Flores, ASW
Contact: aflores@grad.ucla.edu | 310-206-1158

UCLA Behavioral Intervention Team
https://chr.ucla.edu/behavioral-intervention-team

SUPPORT
UCLA Staff and Faculty Counseling Center
https://chr.ucla.edu/employee-counseling

Office of Ombuds Services
www.ombuds.ucla.edu

WORKPLACE CONCERNS
Campus Human Resources, Staff Diversity and AA/EEO Compliance Office
https://chr.ucla.edu/staff-diversity/it-is

Discrimination Prevention Office/Campus Resources
https://equity.ucla.edu/programs-resources/campus-resources

POSTDOCTORAL SCHOLAR GROUPS
Postdoctoral Scholar Organizations & Events
http://grad.ucla.edu/careerhub/resources-for-postdoctoral-scholars

National Postdoctoral Association - UCLA Membership
https://grad.ucla.edu/postdocs/national-postdoctoral-association

Questions, comments, or concerns? Contact us at postdoc@grad.ucla.edu