Postdoctoral Scholars are entitled to many benefits as a part of the UCLA community. For additional resources, please visit: https://grad.ucla.edu/postdocs

**STAFF RESOURCES**

- **BruinCard Services/University ID**
  https://secure.bruincard.ucla.edu

- **Employee Services/Discounts**
  https://campusservices.ucla.edu/discounts

- **Faculty Center Membership**
  https://facultycenter.ucla.edu

- **International Scholars: Dashew Center**
  http://internationalcenter.ucla.edu

- **Transportation**
  https://main.transportation.ucla.edu/getting-to-ucla/commute-options

**PROFESSIONAL DEVELOPMENT**

- **Professional Development**
  https://grad.ucla.edu/careerhub

  **Career Counseling by Appointment: Julia Sanchez**
  Contact: juliasanchez@chr.ucla.edu

**WELLNESS**

- **Mindful Awareness Research Center (MARC)**
  http://marc.ucla.edu/free-drop-in-meditation

- **UCLA Recreation: FitZones, Fit Breaks, Bruin Health Improvement Program and Mindfit**
  http://recreation.ucla.edu/fitwell

- **UCLA Healthy Campus Initiative**
  http://healthy.ucla.edu
# Postdoctoral Scholar Resources

## Housing

**UCLA Housing**
https://grad.ucla.edu/postdocs/housing-options

**Graduate Student and Postdoctoral Scholar Case Manager:** Armando Flores, ASW
Contact: aflores@grad.ucla.edu | 310-206-1158

**UCLA Behavioral Intervention Team**
https://chr.ucla.edu/behavioral-intervention-team

## Support

**UCLA Staff and Faculty Counseling Center**
https://chr.ucla.edu/employee-counseling

**Community Legal Resources**
https://www.studentlegal.ucla.edu/assets/pdf/Community%20Resources.pdf

## Workplace Concerns

**Campus Human Resources, Staff Diversity and AA/EEO Compliance Office**
https://chr.ucla.edu/staff-diversity/it-is

**Discrimination Prevention Office/Campus Resources**
https://equity.ucla.edu/programs-resources/campus-resources

## Postdoctoral Scholar Groups

**Postdoctoral Scholar Organizations & Events**
http://grad.ucla.edu/careerhub/resources-for-postdoctoral-scholars

**National Postdoctoral Association - UCLA Membership**
https://grad.ucla.edu/postdocs/national-postdoctoral-association

Questions, comments, or concerns? Contact us at postdoc@grad.ucla.edu

Updated 1/31/2018