If you are seeking academic support, housing options, or referrals to resources:

**CASE MANAGERS**
(310) 825-7291
www.studentcounseling.ucla.edu

If you are travelling alone on campus or surrounding area and would like a safety escort:
**COMMUNITY SERVICE OFFICER EVENING ESCORT PROGRAM**
For walking escorts call (310) 994-WALK (every day, dusk – 1 am) 15 minutes before you need to leave.
For van services call (310) 825-1491 (Mon – Thurs, 6 pm – 11 pm)

If you are looking for information regarding visas or immigration:
**DASHLEY CENTER FOR INTERNATIONAL STUDENTS & SCHOLARS**
106 Bradley Hall/417 Charles E. Young Drive West
(310) 825-1681
www.internationalcenter.ucla.edu

If you are seeking medical attention:
**ARTHUR ASHE STUDENT HEALTH AND WELLNESS CENTER**
(310) 825-5073
www.studenthealth.ucla.edu

If you are looking for LGBTQ specific resources:
**LGBT CAMPUS RESOURCE CENTER**
220 Westwood Plaza – Student Activities Center
(310) 825-3828
www.lgbt.ucla.edu

If you are seeking medical attention:
**ALTERNATIVE HEALING**

- Participants are offered a safe space to support their healing.
- Activities include trauma-informed yoga, art, drumming & music, journaling, and dance.

If you are seeking academic support, housing options, or referrals to resources:

**CARE ADVOCATE**
(310) 825-1491
www.careprogram.ucla.edu

A CONFIDENTIAL CARE Advocate can provide information on:
- Your rights as a survivor
- Reporting options
- Assistance when navigating the university conduct system and/or the criminal justice system
- Obtaining emergency protective orders, restraining orders or university no contact orders
- Counseling or medical referrals through UCLA or outside community agencies
- Academic accommodations
- Change in living arrangements
- Change in transportation arrangements
- Change in working situation

To contact a CARE Advocate:
(310) 206-2465
careadvocate@careprogram.ucla.edu

Sexual violence (including sexual assault, relationship violence, and stalking) and sexual harassment violate the law and UC Policy.
WHAT IS CONSENT?

Consent is affirmative. Consent is an informed and conscious decision by each person, to engage in mutually agreed-upon sexual activity.

Consent is voluntary. Consent means a willing and positive cooperation in an act, or expressing a desire to engage in an act. A person can only give their true consent if there is no force, threats, or intimidation. Silence does not mean consent.

Consent is revocable. Consent to sexual activity, on one occasion, does not mean consent has been given to any form of sexual activity, on any occasion. A past dating experience or sexual relationship, by itself, is not enough to assume consent. Even in the context of a relationship, there always has to be mutual consent to engage in any sexual activity at any time. Consent is ongoing; meaning at any point during a sexual encounter consent has to be given, and can be withdrawn. Once consent is withdrawn, the sexual activity must stop immediately.

Consent cannot be given when a person is incapacitated. Incapacitation is the physical, and/or mental inability to make informed, rational judgments. States of incapacitation may include, but are not limited to, unconsciousness, sleep, and blackouts. Incapacitation may be caused by alcohol, drugs, or other medications.

A person cannot consent if they are unable to understand the act because of a physical or mental impairment.

WHAT IS SEXUAL ASSAULT?

Sexual assault is conduct of a sexual nature engaged in without the consent of the other person, or when the other person is unable to consent. Sexual assault includes the following: physical force, violence, threat, intimidation, ignoring the objections of the other person, causing the other person’s incapacitation or incapacitation (through the use of drugs or alcohol), or taking advantage of the other person’s incapacitation (including voluntary intoxication).

WHAT IS SEXUAL VIOLENCE?

Sexual violence is conduct of a sexual nature engaged in without the consent of the other person, or when the other person is unable to consent. Sexual violence includes any of the following: sexual assault, domestic violence, dating violence, and stalking.

WHAT IS RELATIONSHIP VIOLENCE?

Relationship violence includes dating and domestic violence.

WHAT IS STALKING?

Stalking is repeated conduct directed at a specific person of a sexual or romantic nature or motivation, that would cause a reasonable person to fear for their safety, or the safety of others, or to suffer substantial emotional distress.

Signs of Stalking:
- Follow or watch you wherever you are.
- Send unwanted gifts, letters, cards, or e-mails.
- Damage your home, car, or other property.
- Monitor your phone calls or computer use.
- Use technology, like hidden cameras or GPS, to track you.
- Drive by or hang out at your home, school, or work.
- Threaten to hurt you, your family, friends, or pets.
- Find out about you by using public records or online search services; hiring investigators, going through your garbage, or contacting friends, family, neighbors, or co-workers.
- Post information or spread rumors about you on the internet, in a public place, or by word of mouth.
- Control, track, or frighten you by other means.

Keeping a journal or log of stalking-related incidents and behavior. Recording this information will help document the behavior for restraining orders, court proceedings and criminal investigation.